

## What the Sunday School Has Done for Me

By H. Tracy Hall

Latter-day Saint Sunday School teaching has been a primary factor in helping me obtain a testimony of the truthfulness of the Gospel! It has helped me to “know God” and hence have hope of obtaining his greatest gift – eternal life. Of course, to obtain a testimony of the Gospel one must learn about the Gospel and much of this learning has come to me from Sunday School teaching.

Sunday School teaches (among many other things):

- (a) This life is a testing ground in the plan of salvation.
- (b) The Gospel is the map by which we chart our every course.
- (c) The tenor of the Gospel is to rise above our lot or circumstances rather than be content with handicaps or weaknesses.

These teachings have caused me to push ahead when otherwise I would surely have floundered and failed. The Gospel brings security, peace,



H. TRACY HALL

harmony, love, and is indeed “Good Tidings of Great Joy.”

From Sunday School teaching I have learned that the source of inspiration is the Holy Ghost and that the method of obtaining inspiration is through faith, works and prayer. I humbly bear testimony that this method bears fruit.

### THE AUTHOR

H. Tracy Hall, now the director of research at Brigham Young University, was a scientist at the General Electric Laboratory, Schenectady, N.Y., and recently discovered methods for synthesizing diamonds.

Preparatory to synthesizing diamonds, Brother Hall developed techniques for obtaining higher pressures (1,500,000 pounds per square inch) and higher temperatures (5,000 degrees Fahrenheit), simultaneously, than had ever been obtained before.

Eldest of five sons, Brother Hall was born Oct. 20, 1919, in Ogden, Utah to Howard and Florence Tracy Hall. He married Ida-Rose Langford Sept 24, 1941, in the Salt Lake LDS Temple; and they have six children.

Brother Hall received his bachelor of science, master of science and doctor of philosophy degrees from the University of Utah, the latter in 1948. During World War II, he served two years as a U.S. Naval officer.

After three years as Sunday School superintendent in the Schenectady, N.Y., Branch of the Church, Brother Hall became Sunday School superintendent and district councilman of the Albany-Hudson District, Eastern States Mission.